ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

St Paul's Spring Menu 2017



			Monday	Tuesday	Wednesday	Thursday	Friday
0	Week 1	Main	Spaghetti Beef Bolognaise with Garlic Bread	Lamb Shepherds Pie with Gravy	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Beef Goulash with Rice	MSC Fish fingers with Chipped Potatoes, Tomato Sauce
	02-Jan 23-Jan 20-Feb 13-Mar	Vegetarian	Feta, Tomato and Spinach Quiche with New Potatoes	Macaroni Cheese with Tomato topping	Spring Vegetable Risotto	Lentil & Sweet Potato Curry with Rice	Veggie Hot Dog with Chipped Potatoes
			Fresh Sliced Carrots Sweetcorn	Sweet Corn Fresh Cauliflower Florets	Fresh Green Cabbage Fresh Sliced Carrots	Fresh Broccoli Florets Diced Swede	Baked Beans Garden Peas
		Dessert	Eves Pudding with Custard	Fruit Yoghurt & Shortbread Biscuit	Fruit Jelly & Ice cream	Pear and Raisin Upside Down Cake with Custard	Iced Sponge
	Week 2	Main	Pork Sausages with Mashed Potato & Gravy	BBQ Chicken Pizza with Potato Wedges	Roast Turkey with Roast Potatoes & Gravy	Beef & Vegetable Hot Pot with Baby New Potatoes	, MSC Battered Fish Chipped Potatoes, Tomato Sauce
	09-Jan	Vegetarian	Creamy Vegetable Pie with Mashed Potato & Gravy	Vegetarian Pasta Bolognaise Cheese & Chive Bread.	Vegetable Wrap with Roast Potatoes	Red Pepper & Cheese Frittata with Baby New Potatoes	Cheese and Tomato Frittata with Chipped Potatoes
	30-Jan 27-Feb		Garden Peas Fresh Sliced Carrots	Coleslaw Mixed Salad	Fresh Broccoli Florets Crushed Swede	Fresh Cauliflower Florets Sweetcorn	Baked Beans Garden Peas
	20-Mar	Dessert	Apple Crumble with Custard	Pear and Ginger Muffin Cake with Custard	Cherry Cobbler with Custard	Wholemeal Banana Sponge with Custard	Chocolate & Beetroot Brownie
	Week 3	Main	Turkey and Leek Pie with Creamed Potato & Gravy	Beef Meatballs with Pasta Twists	Roast Pork Loin with Roast Potatoes & Gravy	Beef Lasagne with Garlic Slice	Jumbo Fish Finger with Chipped Potatoes, Tomato Sauce
	16-Jan 06-Feb	Vegetarian	Vegetable and Bean Cobbler with New Potatoes	Lentil and Spinach Curry with Rice	Vegetarian Wellington with Roast Potatoes & Gravy	Vegetable Goulash with Wholegrain Rice	Bean and Lentil Burger with Chipped Potatoes
	06-Mar		Fresh Sliced Carrots Sweet Corn	Fresh Cauliflower Florets Broccoli Florets	Fresh Shredded Cabbage Fresh Sliced Carrots	Roasted Vegetable Medley	Baked Beans Garden Peas
	27-Mar	Dessert	Pineapple upside Down Cake with Custard	Chocolate Oaty Square with Chocolate Sauce	Crunchy Plum & Vanilla Crumble with Custard	Carrot & Courgette Pudding with Custard	Apple Flapjack





Available Daily
Freshly cooked jacket potatoes with a choice of fillings
(where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt