

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

St Paul's CE Junior School Summer Silver Menu 2017

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1						
17 th April	Main	Pork Sausages with Mashed Potato and Gravy	Beef Lasagne with Garlic Bread	Roast Turkey with Roast Potatoes & Gravy	BBQ Chicken with Wholegrain Rice	MSC Fish Finger with Chips & Tomato Sauce
8 th May	Vegetarian	Vegetarian Sausage Toad with Mashed Potato and Gravy	Spinach & Tomato Quiche with Baby New Potatoes	Vegetable Hot Pot with Roast Potatoes & Gravy	Lentil & Vegetable Curry With Wholegrain Rice	French Bread Pizza with Chips
5 th June	Side	Carrots Garden Peas	Mixed Salad Sweet Corn	Fresh Broccoli Florets Fresh Sliced Carrots	Sweet Corn Green Beans	Baked Beans Garden Peas
26 th June	Dessert	Plum & Vanilla Crumble with Custard Yoghurt Fresh Fruit Platter	Banana Wholemeal Loaf Yoghurt Fresh Fruit Salad	Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Chocolate Mandarin Sponge with Chocolate Sauce Yoghurt Fresh Fruit Salad	Shortbread Biscuit Fresh Fruit Salad Yoghurt
17 th July						
Week 2						
24 th April	Main	Chicken & Broccoli Pasta	Beef Tortilla Stack with Baked Wedges	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Spaghetti Beef Bolognese With Herby Bread	MSC Battered Fish Chips & Tomato Sauce
15 th May	Vegetarian	Cheese & Red Pepper Frittata with Baby New Potatoes	Vegetable Fajita with Baked Wedges	Lentil & Vegetable Quorn Roast with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Spanish Omelette with Chips & Tomato Sauce
12 th June	Side	Garden Peas Sweet Corn	Green Salad Coleslaw	Fresh Cauliflower Florets Fresh Sliced Carrots	Broccoli Sweet Corn	Baked Beans Garden Peas
3 rd July	Dessert	Cherry Cobbler & Ice-Cream Yoghurt Fresh Fruit Salad	Carrot & Courgette Cake Yoghurt Fresh Fruit Platter	Fruit Trifle Yoghurt Fresh Fruit Salad	Apple & Berry Strudel with Custard Yoghurt Fresh Fruit Platter	Fruit Smoothie Yoghurt Fresh Fruit Salad
24 th July						
Week 3						
1 st May	Main	Ham and Pineapple Pizza with Baby New Potatoes	Beef Meat Balls in Tomato Sauce with Wholemeal Pasta	Roast Pork with Roast New Potatoes & Gravy	Chicken Chow Mein with Noodles	MCS Jumbo Fish Finger with Chips & Tomato Sauce
22 nd May	Vegetarian	Summer Vegetable Risotto	Quorn Vegetable Goulash with Wholemeal Pasta	Vegetarian Wellington with Roast Potatoes & Gravy	Macaroni Cheese with Tomato Topping	Homemade Bean and Lentil Burger with Chips & Tomato Sauce
19 th June	Side	Green Beans Mixed Salad	Garden Peas Sliced Carrots	Fresh Savoy Cabbage Fresh Cauliflower Florets	Fresh Broccoli Florets Sweet Corn	Garden Peas Baked Beans
10 th July	Dessert	Apple Flapjack Yoghurt Fresh Fruit Salad	Pineapple Upside Down Fruit Yoghurt Fresh Fruit Platter	Fruit Jelly & Ice Cream Yoghurt Fresh Fruit Salad	Toffee Crispy Yoghurt Fresh Fruit Platter	Pear & Ginger Muffin Yoghurt Fresh Fruit Salad



Available Daily
Freshly cooked jacket potatoes with a choice of fillings
(where advertised)
Bread freshly baked on site daily
Daily salad selection, Fresh fruit and yoghurt