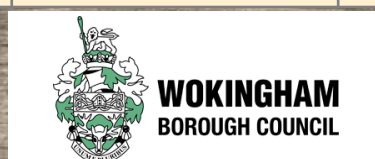


**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# SUMMER SILVER MENU 2017



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	<b>MAIN</b>	Gluten Free Pork Sausages with Mashed Potato and Gluten Free Gravy	Beef Lasagne with Garlic Bread	Roast Turkey with Roast Potatoes & Gluten Free Gravy	BBQ Chicken with Wholegrain Rice	Gluten Free Bubble Fish with Chips & Tomato Sauce
17 <sup>th</sup> April 8 <sup>th</sup> May 5 <sup>th</sup> June 26 <sup>th</sup> June 17 <sup>th</sup> July	<b>VEGETARIAN</b>	Vegetarian Sausage Toad with Mashed Potato and Gravy	Spinach & Tomato Quiche with Baby New Potatoes Gluten Free Flour	Vegetable Hot Pot with Roast Potatoes & Gluten Free Gravy	Lentil & Vegetable Curry With Wholegrain Rice	Gluten Free Pizza Recipe with Chips
	<b>SIDE</b>	Carrots Garden Peas	Mixed Salad Sweet Corn	Fresh Broccoli Florets Fresh Sliced Carrots	Sweet Corn Green Beans	Baked Beans Garden Peas
	<b>DESSERT</b>	Plum & Vanilla Crumble with Custard Gluten Free Recipe Yoghurt Fresh Fruit Platter	Yoghurt Fresh Fruit Salad	Yoghurt Fresh Fruit Platter	Yoghurt Fresh Fruit Salad	Shortbread Biscuit Gluten Free Recipe Fresh Fruit Salad Yoghurt
<b>WEEK 2</b>	<b>MAIN</b>	Chicken & Broccoli Pasta Gluten Free Pasta Gluten Free Flour for sauce Mixed Bean Cassoulet with Rice	Savoury Mince with Baked Wedges	Roast Chicken & Stuffing with Roast Potatoes & Gluten Free Gravy	Spaghetti Beef Bolognaise With Gluten Free Pasta	Gluten Free Bubble Fish with Chips & Tomato Sauce
24 <sup>th</sup> April 15 <sup>th</sup> May 12 <sup>th</sup> June 3 <sup>rd</sup> July 24 <sup>th</sup> July	<b>VEGETARIAN</b>		Vegetable Fajita with Baked Wedges	Lentil & Vegetable Quorn Roast with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake Gluten Free Pasta	Spanish Omelette with Chips & Tomato Sauce
	<b>SIDE</b>	Garden Peas Sweet Corn	Green Salad Coleslaw	Fresh Cauliflower Florets Fresh Sliced Carrots	Broccoli Sweet Corn	Baked Beans Garden Peas
	<b>DESSERT</b>	Fruit & Ice-Cream Yoghurt Fresh Fruit Salad	Yoghurt Fresh Fruit Platter	Fruit Trifle Yoghurt Fresh Fruit Salad	Yoghurt Fresh Fruit Platter	Fruit Smoothie Yoghurt Fresh Fruit Salad
<b>WEEK 3</b>	<b>MAIN</b>	Gluten Free Pizza Recipe Ham and Pineapple Pizza with Baby New Potatoes	Beef Meat Balls in Tomato Sauce with Gluten Free pasta	Roast Pork with Roast New Potatoes & Gluten Free Gravy	Chicken Chow Mein No Noodles	Gluten Free Bubble Fish with Chips & Tomato Sauce
1 <sup>st</sup> May 22 <sup>nd</sup> May 19 <sup>th</sup> June 10 <sup>th</sup> July	<b>VEGETARIAN</b>	Summer Vegetable Risotto	Quorn Vegetable Goulash with Wholemeal Pasta	Vegetarian Wellington with Roast Potatoes & Gravy	Macaroni Cheese with Tomato Topping Gluten Free Recipe	Homemade Bean and Lentil Burger with Chips & Tomato Sauce
	<b>SIDE</b>	Green Beans Mixed Salad	Garden Peas Sliced Carrots	Fresh Savoy Cabbage Fresh Cauliflower Florets	Fresh Broccoli Florets Sweet Corn	Garden Peas Baked Beans
	<b>DESSERT</b>	Yoghurt Fresh Fruit Salad	Fruit Yoghurt Fresh Fruit Platter	Fruit Jelly & Ice-Cream Yoghurt Fresh Fruit Salad	Yoghurt Fresh Fruit Platter	Yoghurt Fresh Fruit Salad



AVAILABLE DAILY  
FRESHLY COOKED JACKET POTATOES WITH A CHOICE OF FILLINGS  
(WHERE ADVERTISED)  
BREAD FRESHLY BAKED ON SITE DAILY  
DAILY SALAD SELECTION & FRESH FRUIT AND YOGHURT