

# St Paul's Newsletter – Autumn 05.01.24

*'One body, every person, growing together.'*



Safeguarding Team: Julieanne Taylor – Headteacher and Designated Safeguarding Lead  
Linda Tritton – Deputy Designated Safeguarding Lead

## Headteacher's Message

Dear St Paul's Families,



Happy New Year and a very warm welcome back to the start of the spring term. On behalf of all at St Paul's, we wish you the very best for 2024.

Welcome to new pupils, Hailey (6T), Mavis (4P) and Nikhil (4P). We are delighted they are joining us, along with Mrs Haskins, our new Learning Mentor. It is always exciting to welcome new staff as they bring a wealth of experience, energy and new ideas. The children are doing a good job of taking care of all of our new joiners and are helping them to find their feet, demonstrating our core value of 'We care and we are kind', which features in every aspect of the work of the school and the way in which we care for our community.

The children returned full of energy and enthusiasm and despite having been back for only four school days, have already made an excellent start to their learning for this term. It promises to be an extremely busy one and we are looking forward to working in partnership with you to ensure that our pupils make the best possible progress.



St Paul's C of E Junior School

### Online Safety Bulletin

#### WhatsApp

You must be at least 16 years old to register for and use WhatsApp. WhatsApp is a free messaging app that allows you to send messages.

#### New devices

If your child has a new device, have you

**Consoles:**  
All consoles offer parental controls.

Along with this Newsletter, we have also sent out the January edition of our Online Safety Bulletin, containing advice and information for parents about WhatsApp, LEGO Fortnite and You Tube. Santa was clearly very generous this year, looking at the number of children with new phones or talking about other smart devices they received. Most Broadband providers include parental controls for free as part of their broadband package, which means that any device that connects to your WiFi will be protected by the controls you set up. Again, this month's Bulletin features guidance regarding new devices too.

There are several flood warnings in place across Wokingham this weekend, so please take extra care when you are out and about.

Have a good weekend, everyone!

Mrs Taylor



## Well Done Luca and Leo!



Luca and Leo (Year 6 and Year 4) had an incredible experience at their Dad's office family work party. They were able to handle some daunting animals including a scorpion, a meerkat and a 4ft crocodile!



## SEND Survey

Wokingham Borough Council joined the Department of Education (DfE) Safety Valve programme this year, which is aimed at the 'Top 20' areas in the country with the highest deficits in their Dedicated Schools Grant (DSG) budgets due to high spending needs for pupils with special educational needs and disabilities (SEND).

The council wants to gather feedback from parents and carers that will help it to understand the impact of this programme in the long term, and this will be reviewed annually.

If you have a child or young person with SEND, we would be grateful if you could support the council by filling in this survey. If you have more than one child with SEND, please complete one for each. The survey closes 12 January 2024. The live link is here - [SEND 2023 baseline \(smartsurvey.co.uk\)](https://smartsurvey.co.uk)

## Fun Run

The Dolphin School have arranged a fun run for children in years 3 and 4 at Cantley, on Friday 9th February. 2.15pm- 3.30pm approx. This event is specifically aimed at SEN children and those pupils who may not be able to access other types of events. Complete the Microsoft form if you're interested in taking part. <https://forms.office.com/e/g1UYWEX2Wd>

## Cold-Health Alert – Yellow

The UK Health Security Agency has issued a yellow cold-health alert for the South East, which covers Wokingham Borough. The alert is in effect from Saturday 6th January at 09:00 to Friday 12th January at 12:00.

As published on UKHSA and Met Office's dashboard, this means that significant impacts are probable across the health and social care sector. There is clear evidence on how cold temperatures and winter weather poses risks and impacts to health, with some groups of people being especially vulnerable. The winter period sees a substantial increase in illnesses and deaths, and the cold weather may also disrupt the delivery of health and other services.

### Key groups at risk from cold weather

- older people aged over 65 years old
- people with pre-existing chronic medical conditions such as heart disease, stroke or transient ischemic attack (TIA), chronic obstructive pulmonary disease or diabetes
- people with mental ill-health that reduces individual's ability to self-care (including dementia)
- pregnant women (in view of potential impact of heat and cold on risk of preterm birth)
- children under the age of 5
- people with learning difficulties
- people assessed as being at risk of, or having had, recurrent falls
- people who live alone and may be unable to care for themselves
- people who are housebound or otherwise low mobility
- people living in deprived circumstances
- people living in houses with mold
- people who are fuel poor
- people experiencing homelessness or people sleeping rough
- other marginalised or socially isolated individuals or groups

### Resources

- Keeping Warm and Well: advice for everyone
  - [General guidance](#)

- [Poster](#)
- [Top tips leaflet \(printable, primarily for those aged 65+\)](#)
- Specific guidance on supporting vulnerable people
  - [For adult social care managers](#)
  - [For healthcare professionals](#)
  - [For people supporting the homeless and rough sleepers](#)
  - [For people looking after children and those in early years settings](#)
- NHS advice
  - [Seasonal vaccinations and winter health](#) (including links to book vaccination appointments)
  - [The seasonal flu vaccine for children \(age 2 to academic year 11\)](#)
  - [The seasonal flu vaccine for adults \(age 65 or over and other at-risk groups\)](#)
  - [The Covid-19 vaccine](#)
  - [Norovirus \(winter vomiting bug\)](#)
  - [Health effects of damp and mould in homes](#)
- Keeping homes warm and safe
  - [Heating advice for homes](#)
  - [Gas safety \(including carbon monoxide poisoning\)](#)
  - [Fire safety advice from the Royal Berkshire Fire and Rescue Service](#)
  - [Home fire safety check](#)
  - [Making homes more energy efficient](#)
  - [Priority services register from utility suppliers](#)
- Where to get medical help
  - [Pharmacists](#) – for treatment advice and minor ailments; get your prescriptions before they close for [holidays](#) or before bad weather is forecast
  - [NHS 111](#) – for urgent medical problems or if you are not sure what to do
  - [Your GP](#) – book an appointment or use their online services
  - [Minor injury units or Urgent treatment centres](#) – for injuries or illnesses that are urgent but not life threatening
  - Call [999](#) or visit [A&E](#) – for serious injuries and life-threatening emergencies

## Class Assemblies

Please be reminded of our upcoming class assemblies. The majority of which will take place on Friday morning. These events last approximately 15 minutes and start at 9.00 am. Parents of the class are welcome to join us for these occasions.

Entrance to the school, is via the Oxford Road entrance and this year's timetable is as follows:

<b>19/1</b>	<b>26/1</b>	<b>2/2</b>	<b>9/2</b>	<b>1/3</b>	<b>8/3</b>	<b>15/3</b>	<b>22/3</b>	<b>3/5</b>
3H	6B	6T	6S	4B	5K	3D	4R	5M

<b>10/5</b>	<b>17/5</b>	<b>24/5</b>	<b>14/6</b>	<b>21/6</b>	<b>28/6</b>	<b>5/7</b>	<b>12/7</b>	<b>19/7</b>
3B	4P	5D	3H	4B	5K	3D	4R	5M

## Club Dates

**Running Club - Monday- 7.45AM. Drop off is via the Oxford Rd entrance.**

<b>15/01</b>	<b>22/01</b>	<b>29/01</b>	<b>05/02</b>	<b>19/02</b>	<b>26/02</b>	<b>04/03</b>	<b>11/03</b>	<b>18/03</b>
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**Badminton – Monday – 7.45AM. Drop off is via the Oxford Rd entrance.**

<b>08/01</b>	<b>15/01</b>	<b>22/01</b>	<b>29/01</b>	<b>05/02</b>	<b>19/02</b>	<b>26/02</b>	<b>04/03</b>	<b>11/03</b>	<b>18/03</b>
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**Mixed Football – Monday – 12.30PM**

<b>08/01</b>	<b>15/01</b>	<b>22/01</b>	<b>29/01</b>	<b>05/02</b>	<b>19/02</b>	<b>26/02</b>	<b>04/03</b>	<b>11/03</b>	<b>18/03</b>
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**Tennis – Monday - 3.30PM. Pick up is from the Murray Rd gates.**

08/01	15/01	22/01	29/01	05/02	19/02	13/11	26/02	04/03	11/03	18/03
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**Multiskills - Monday – 3.30PM. Pick up is from the Murray Rd gates.**

08/01	15/01	22/01	29/01	05/02	19/02	26/02	04/03	11/03	18/03
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**Drama Theatrikids – Tuesday - 12.45PM**

09/01	16/01	23/01	30/01	06/02	20/02	27/02	12/03	19/03
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**Imagineering Yr5 & 6 – Tuesday – 3.30PM. Pick up is from the Oxford Rd entrance.**

09/01	16/01	23/01	30/01	06/02	20/02	27/02	05/03	12/03	19/03
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**Lego – Tuesday – 3.30PM. Pick up is from the Oxford Rd entrance.**

09/01	16/01	23/01	30/01	06/02	20/02	27/02	05/03	12/03	19/03
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**French – Tuesday 3.30PM. Pick up is from the Oxford Rd entrance.**

09/01	16/01	23/01	30/01	06/02	20/02	27/02	05/03	12/03	19/03
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**Musketeers fencing – Wednesday – 7.45AM. Drop off is via the Oxford Rd entrance.**

10/01	17/01	24/01	30/01	07/02	21/02	28/02	06/03	13/03	20/03
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**Netball – Wednesday 3.30PM. Pick up is from the Murray Rd gates.**

24/01	31/01	07/02	21/02	28/02	06/03	13/03	20/03
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**Spanish – Thursday Lunch 12.50PM & After School 3.30PM. For 3.30pm session, pick up is via the Oxford Rd entrance.**

11/01	18/01	25/01	01/02	08/02	22/02	29/02	7/03	14/03	21/03
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**Girls Football – Tuesday – 3.30PM. Pick up is from the Murray Rd gates.**

16/01	23/01	30/01	06/02	20/02	27/02	05/03	12/03	19/03	26/03
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**Taekwondo – Friday – 7.45AM. Drop off is via the Oxford Rd entrance.**

12/01	19/01	26/01	2/02	9/02	23/02	01/03	8/03	15/03	22/03
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**Chess – Friday – 3.30PM. Pick up is from the Oxford Rd entrance**

12/01	19/01	26/01	2/02	9/02	23/02	01/03	8/03	15/03	22/03
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**Mixed Football – Friday 3.30PM. Pick up via the Murray Rd gates.**

12/01	19/01	26/01	2/02	9/02	23/02	01/03	8/03	15/03	22/03
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## Forest School Sessions

The timetable for this term's sessions can be found below. Pupils will need to bring suitable clothing with them on that day e.g. track suit bottoms, hoodie, T shirt and trainers. Shorts and skirts are unsuitable for the woodland area.

08/01	15/01	22/01	29/01	05/02	19/02	26/02	04/03	11/03	18/03	25/03	26/03
6S	5M	3B	4P	6T	5K	3D	4B	6B	5D	3H	4R

## Cost of Living

The [Household Support Fund](#) can help you pay for food, energy, bills and other essentials. It's open to:

- Families where [children receive means-tested free school meals](#) can get **£20 per week** during the school holidays until Easter 2024
- [Anyone struggling to pay bills or buy food](#) can apply for **£240 or £120** depending on the size of their household. **If you've already applied for the Household Support Fund you do not need to apply again.**

There's a range of help and support options you can use to help you this winter:

- Check the [cost of living help hub](#), including our guides
  - [Help for people with children](#)
  - [Help for single people](#)
  - [Help for pensioners](#)
  - [Help if you're in an emergency](#)
- SHARE Wokingham offers fresh produce, like bread and vegetables, for those who need it. These are surplus stock from local supermarkets. More than 2,000 people use it each week and it has saved more than 1,000 tonnes in food waste since it was launched a few years ago. [View the food map](#) to see SHARE's 15 locations and find your nearest.
- We're encouraging people to [register with power, water and gas suppliers](#) if they are potentially vulnerable this winter. These are known as priority services, which mean you get help faster if you are cut off or additional warnings if there are outages like loss of water pressure or power cuts
- The [Winter Warmers scheme](#) can help you get free items. This includes things like air fryers, slow cookers, heated airers and more.
- Contact Citizens Advice, Wokingham, to find the most appropriate support for your situation. Use the [online referral form](#) or call [0808 278 7958](tel:08082787958), Monday to Friday.

## Next Week

### Clubs re-start

### Diary Dates

Monday 15 <sup>th</sup> January	Liddington Information Evening for Y5 parents – 6.30pm
Tuesday 16 <sup>th</sup> January	Year 5 Trip to Winchester Science Museum
Friday 19 <sup>th</sup> January	3H Class Assembly
Monday 22 <sup>nd</sup> January	Online Booking for Parents' Consultations opens 7pm
Friday 26 <sup>th</sup> January	Non-Uniform/Bad Hair Day – School Council Fundraiser
Friday 26 <sup>th</sup> January	6B Class Assembly
Friday 2 <sup>nd</sup> February	6T Class Assembly
Monday 5 <sup>th</sup> February	Online Booking for Parents' Consultations closes 7pm
Friday 9 <sup>th</sup> February	5S Class Assembly
Tuesday 20 <sup>th</sup> / Wednesday 21 <sup>st</sup> February	3.50pm-7.00pm Parents' Consultations

**Feb 9th, 2.15PM**

**Cantley Park,  
Wokingham**



# **Dolphin Dash fun run**



**For years 3 and 4**

**Medals for all finishers**

Complete the form below to register your  
interest in taking part!

<https://forms.office.com/e/g1UYWEX2Wd>

Contact Pip Kirkby at Dolphin School - [pkirkby@dolphinschool.com](mailto:pkirkby@dolphinschool.com)

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