



## St Paul's C of E Junior School

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Headteacher: Mrs J M Taylor

07 November 2019

Dear Parents/Carers

### TVRL - Lightwater Country Park - Thursday 14<sup>th</sup> November 2019

Your child has been successful in their application to take part in the next TVRL race at Lightwater Country Park, GU18 5RG, the park is just off Junction 3 of the M3 motorway between the villages of Bagshot and Lightwater. Please collect your child promptly from the playground gates on Murray Road at 12.30pm. Children will require a packed lunch which they will need to eat in the car en-route to the race. Children should register with the St. Paul's staff once you arrive at the assembly area.

We are fortunate to have this great venue but please be aware that parking is restricted and where possible please car share. There are multiple car parks but please fill the lower car parks first before parking in the Leisure centre. The course is fairly flat but is likely to be wet and muddy. **Spikes are not suitable for this race.** In addition the park is a public place and therefore there may be general public and dog walkers at the time of the race.

One final reminder, it is not acceptable for parents/coaches to run around with their children unless there is a specific need. Whilst we welcome encouragement please ensure you remain well clear of the funnel at all times.

**If you have not previously completed the EV2 Parental Consent Form under the forms section of ParentMail, please do so Friday 8<sup>th</sup> November 2019.**

### Race Information

**Date:** Thursday 14<sup>th</sup> November

#### Instructions:

- Arrive at venue 1.15pm
- Walk the course at 1.30pm
- Report your 2 marshals to Stephanie McKay (Hawthorns) at the holding area and collect your result sheets on arrival
- Briefing at 2.00pm with Lucy Keen (Westende) (the briefing is for children and teachers only - Parents should wait by the assembly area.)

#### Race Order:

- Race 1 - Year 3 & 4 Girls - 2.15pm
- Race 2 - Year 3 & 4 Boys - 2.30pm
- Race 3 - Year 5 & 6 Girls - 2.45pm
- Race 4 - Year 5 & 6 Boys - 3.00pm



Race Assembly Area: Make your way to the far corner of the field past the Rugby pitch (Marked by the red dot on the map below) through the trees and shrubs and climb the verge to join the country path trail, follow the trail round to the left to the assembly point.



### Course route & terrain:

The two routes are largely flat, although there are one or two incline/declines along the course, as well as some narrow paths. It is anticipated that it will be quite muddy along sections of the course.

The course is predominately heathland terrain which includes areas of gravel, grass, and forestry tracks. There are sections of the course with exposed tree roots, when you walk the course please take note of where they are and inform children accordingly.

The route has lots of turns (mostly right) and as a result visibility can be restricted so we are positioning marshals in eye sight to ensure they are clearly visible to the children. There is also one relatively steep decline which we will be monitoring from both the top and bottom in order to safeguard any potential accidents.

The course length is approximately: Year 3 & 4 = 1.37km Year 5 & 6 = 1.61km

Please note, the park trail is also very popular with families and dog owners

### Marshals:

Please refer to the race maps, St. Paul's marshals will be located at point 10. If you are willing to marshal at this event please let Mrs Foster know when you collect your child from school.

When marshals arrive, they must go to the race registration to be briefed by Stephanie McKay. Please ensure all marshals have mobile phones and if they need to contact Stephanie McKay during the race please could they phone 07766 154980.

### General information:

#### Car parking:

There is No charge for parking. We estimate that the car park accommodates up to 100 or so, therefore we suggest the possibility of car sharing to limit traffic in and out of the centre. Please fill lower car parks spaces first before using the ones nearer the leisure centre.

#### Toilets:

We have been asked if possible, to use the public toilets located at the visitor's centre on the right-hand side as you approach the leisure facilities.

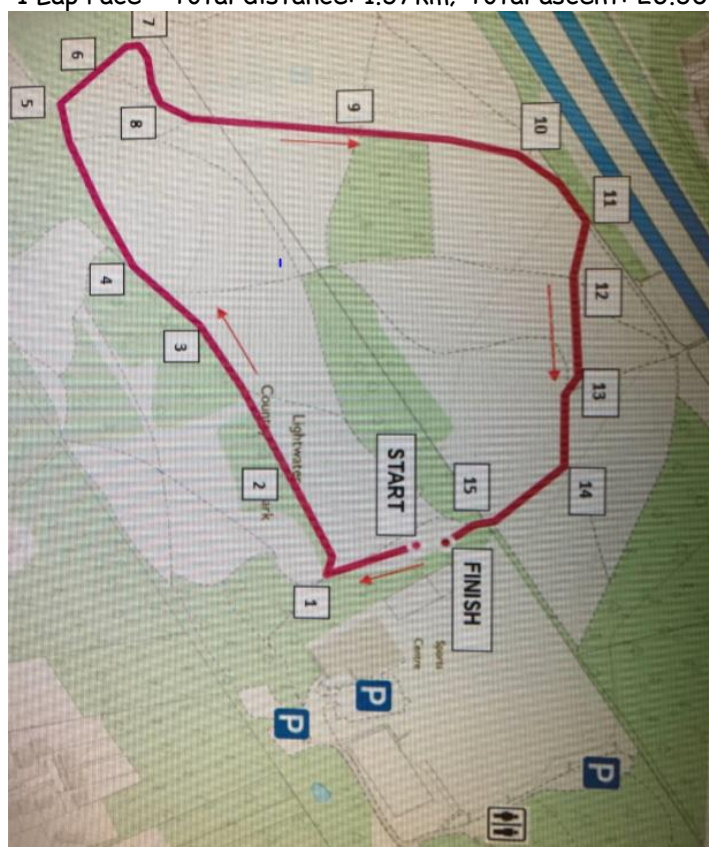
***We kindly ask that you don't use the leisure centre toilets, they are for use by members only.***

#### Refreshments:

The café at the visitor's centre opens from 10 am to 4 pm. It is situated in the wooden cabin in the picnic area and sells both hot and cold food and drinks.

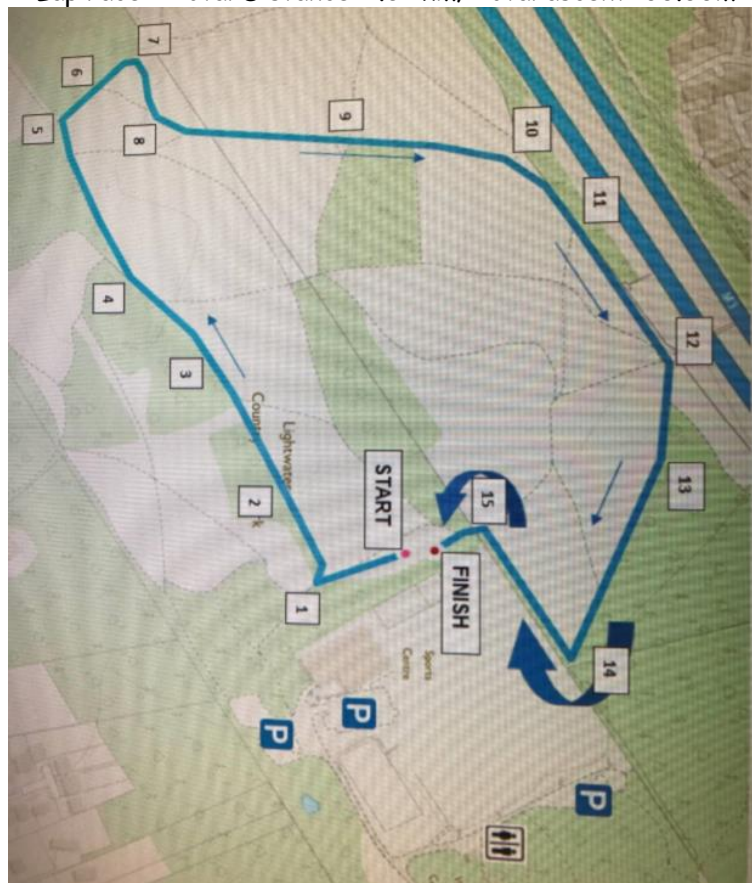
#### Year 3 & 4 map:

1 Lap race - Total distance: 1.37km; Total ascent: 26.30m



## Year 5 & 6 map:

1 Lap race - Total Distance: 1.61 km; Total ascent: 30.60m



Yours faithfully,  
**Mrs C Foster**  
PE & Sports Coordinator