



**Central Autumn
Winter Menu 2024
2025**

WEEK ONE


04.11.2024
25.11.2024
16.12.2024
20.01.2025
10.02.2025
10.03.2025
31.03.2025

MONDAY

NEW Tomato & Vegetable Pasta 

Mexican Fajitas with Rice 

Vegetables of the Day  

Blackberry and Apple Crumble with Custard 

TUESDAY

Cottage Pie with Gravy 


NEW Creamy Chickpea and Coconut Curry with Rice

Vegetables of the Day  

Melting Moment Biscuit

WEDNESDAY




Peri Peri or BBQ Chicken or Quorn with Diced Seasoned Potatoes & Sweetcorn Salsa 

Vegetables of the Day

Fruit Platter 

THURSDAY

Meatballs in Tomato Sauce with Rice 


NEW Cheese and Broccoli Pasta with Garlic Bread

Vegetables of the Day

Carrot and Courgette Cake

FRIDAY

Fishfingers with Chips & Tomato Sauce


Mexican Bean Roll with Chips & Tomato Sauce 


Vegetables of the Day

Chocolate Orange Cookie 

WEEK TWO

11.11.2024
02.12.2024
06.01.2025
27.01.2025
24.02.2025
17.03.2025


Classic Cheese and Tomato Pizza 


Or Rainbow Pizza with Potato Wedges 


Vegetables of the Day

Marble Sponge Cake with Custard


NEW Chicken Pasta Bake with Garlic Bread

Chinese Vegetable Curry with Rice 


Vegetables of the Day 



Jelly with Mandarins 


Sausage and Mash with Gravy

Vegan Sausage and Mash with Gravy 


Vegetables of the Day

Fruit Medley 


Chicken Tikka Masala with Rice  

NEW Mild Mexican Chili with Rice 


Vegetables of the Day

Peach Cake 

Fishfingers with Chips & Tomato Sauce

Cheese and Tomato Quiche with Chips & Tomato Sauce 



Vegetables of the Day

Oaty Cookie 

WEEK THREE

18.11.2024
09.12.2024
13.01.2025
03.02.2025
03.03.2025
24.03.2025

Macaroni Cheese


Plant Balls in Tomato Sauce with Rice  

Vegetables of the Day


Chocolate and Beetroot Brownie



NEW Mild Caribbean Chicken with Rice and Peas

NEW Caribbean Butterbean Stew with Rice and Peas 

Vegetables of the Day


Sticky Toffee Apple Crumble with Custard 


Roast Chicken with Stuffing, Roast Potatoes and Gravy

Cottage Pie with Gravy 

Vegetables of the Day

Fruit Salad 


Spaghetti Bolognese 

NEW Hot Pot Baked Bean Casserole with Rice  


Vegetables of the Day

NEW Savoury Cheese Scone

Breaded Fish with Chips & Tomato Sauce

Cheese and Pepper Omelette with Chips & Tomato Sauce 

Vegetables of the Day

Vanilla Shortbread 

MENU KEY



Added Plant Power



Wholemeal



Vegan

Available Daily: Jacket potato – cheese, beans or tuna - Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.