ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

St Paul's Summer Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	**Main**	Pork Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognaise served with Garlic Slice	Roast Turkey with Roast Potatoes & Gravy	Mediterranean Chicken Served in a Tomato Sauce with Rice	Fish Fingers, Chips and Tomato Sauce
16/04/2018 07/05/2018 04/06/2018 25/06/2018 16/07/2018	**Vegetarian**	Vegetable Wholemeal Pasta Medley	Summer Risotto Served with Garlic Slice	Quorn Roast with Roast Potatoes & Gravy	Vegetable and Apricot Tagine with Lemon & Mint Couscous & Wholemeal Flatbread	Cheese, Onion and Spinach Quiche with Chips
	Side	Carrots Garden Peas	Sweet Corn Broccoli	Fresh Mixed Seasonal Vegetables	Sweet Corn Green Beans	Baked Beans Garden Peas
	Dessert	Wholemeal Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Carrot and Sultana Cake Yoghurt Fresh Fruit Salad	Feathered Iced Sponge Yoghurt Fresh Fruit Salad
Week 2	**Main**	Chicken Neapolitan Pasta With Spinach	Beef and Bean Fajitas with Baked Jacket Wedges	Roast Pork & Apple Sauce with Roast Potatoes & Gravy	Barbeque Chicken with Rice	Breaded Fish, Chips and Tomato Sauce
23/04/2018 14/05/2018 11/06/2018 02/07/2018 23/07/2018	**Vegetarian**	Vegetable Jollof Rice with Quorn & Mixed Beans	Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread	Lentil and Basil Puff Pastry Turnover with Roast Potatoes	Macaroni Cheese with Tomato Topping	Spicy Bean Burger with Chips
	Side	Mixed Green Salad Sweet Corn	Green Beans Coleslaw	Fresh Mixed Seasonal Vegetables	Broccoli Sweet Corn	Baked Beans Garden Peas
	Dessert	Berry and Apple Cobbler & Cream Yoghurt Fresh Fruit Salad	Lemon Drizzle Cake Yoghurt Fresh Fruit Platter	Oaty Cookie Yoghurt Fresh Fruit Salad	Apple Pie with Custard Yoghurt Fresh Fruit Platter	Banana & Chocolate Muffin Fruit Yoghurt Fresh Fruit Salad
Week 3	**Main**	Cajun Chicken with Rice	Meaty Beef Pizza with Baby New Potatoes	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Beef Lasagne Served with Herby Bread	Fish in Batter, Chips and Tomato Sauce
30/04/2018 21/05/2018 18/06/2018 09/07/2018	**Vegetarian**	Lentil and Sweet Potato Curry with Rice	Spanish Omelette with Baby New Potatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Cheese and Tomato French Bread Pizza with Chips
	Side	Sweet Corn Green Beans	Mixed Salad Coleslaw	Fresh Mixed Seasonal Vegetables	Broccoli Sweet Corn	Garden Peas Baked Beans
	Dessert	Apple Crumble with Custard Yoghurt Fresh Fruit Salad	Chocolate Mandarin Sponge with Chocolate Sauce Fruit Yoghurt Fresh Fruit Platter	Apple Flapjack Yoghurt Fresh Fruit Salad	Pineapple Upside Down Cake Yoghurt Fresh Fruit Platter	Vanilla Shortbread Yoghurt Fresh Fruit Salad

WOKINGHAM BOROUGH COUNCIL

FOOD FOR LIFE SILVER SERVED TEST Soil Association

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection & fresh fruit and yoghurt