



St Paul's C of E Junior School

Oxford Road, Wokingham, RG41 2YJ

Tel: (0118) 978 5219

Email: office@stpauls.wokingham.sch.uk

Website: www.stpauls.wokingham.sch.uk

Headteacher: Mrs J M Taylor

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Dear Parents,

Thank you for advising us of any health issues and seeking guidance about what to do. Together, we are keeping the children, staff and wider school community safe, and we are very grateful for your support.

We have been made aware of a Year 6 pupil who has tested positive for Covid-19. Although I appreciate this is concerning, can I please reassure you that the student was already self-isolating at home and following Public Health England advice, we have not needed to ask for any other pupils or staff to self-isolate and the school will remain fully open.

I am pleased to report that the child has very mild symptoms and is looking forward to returning to school, once their period of self-isolation is over.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.



Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough and/or
- a high temperature and/or
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often - do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours faithfully,

Julianne Taylor

Mrs J M Taylor
Headteacher

