

Egyptian Day Costume

Boys can wear a plain white T Shirt and white shorts, or a shorter version of the shift shown, with a belt, cord or sash round the waist. Do not worry unduly about the style - the main impression should be one of whiteness. Sandals make suitable footwear.

A simple fillet or circlet of cord or braid could also be worn by boys (high on the forehead and tied at the back of the head)

Boys wore the youth lock until they were adolescent - a thick plait of hair left growing on the side of the otherwise shaven head. This can be made of plaiting several strands of wool together. Attach the plait to a hair clip, so it can be securely fixed to the pupil's hair or to the circlet.



Girls can wear a long white cotton shift, as illustrated, perhaps made from an old sheet (if very cold please add a cloak or anything practical - being warm enough to learn is more important than looking perfectly authentic!). Sandals make suitable footwear.

Hair and Makeup

For a headdress, a circlet or fillet of cord or braid could be worn (high on the forehead and tied at the back of the head). Girls wore their hair in lots of small plaits or cut to a 'bobbed' length. Ancient Egyptians had very black hair. They also painted black eye paint along the eyelids to protect them from sun. We don't really recommend this - it can look authentic but it can also get very smeared during the day, and some children may be allergic or develop skin irritation.

