

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021

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|------------|--|--|--|---|--|
| Option 1 | | | Roast Chicken with Roast Potatoes and Gravy (No Stuffing) | | NGCI Fish Fingers with Chips and Tomato Sauce |
| Option 2 | NGCI Macaroni Cheese (No Garlic Bread) | Vegan Sausage (No Hot Dog Bun) with Potato Wedges | | Tomato Arrabiata Sauce #V121 with NGCI Pasta (No Garlic Bread) | |
| Vegetables | Green Beans Carrots | Coleslaw Sweet Corn | Cauliflower Broccoli | Roasted Mixed Vegetables | Baked Beans Garden Peas |
| Dessert | NGCI Crumble Topping with Sticky Toffee Apple Filling and Custard | Mandarin Jelly | NGCI Chocolate Italian Cake | NGCI Vanilla Shortbread | Fresh Fruit |

Week Two
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

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|------------|---|--------------------------------------|--|---------------------------------------|--|
| Option 1 | NGCI Cheese and Tomato Pizza with New Potatoes | NGCI Macaroni Beef Pasta Bake | Roast Turkey with Roast Potatoes and Gravy | Mediterranean Chicken with Rice | NGCI Fish Fingers with Chips and Tomato Sauce |
| Option 2 | Vegetable Tagine with New Potatoes (No Couscous) | Roasted Cauliflower Curry with Rice | Roasted Quorn Fillet with Roast Potatoes and Gravy | | |
| Vegetables | Green Beans Cauliflower | Sweet Corn Garden Peas | Cabbage Carrots | Sweet Corn Broccoli | Baked Beans Garden Peas |
| Dessert | NGCI Crumble Topping with Pears and Custard | NGCI Chocolate Shortbread | NGCI Vanilla Shortbread | NGCI Italian Cake with Peaches | Fresh Fruit |

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

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|------------|--|---|--|---|--|
| Option 1 | | | Roast Beef with Roast Potatoes and Gravy | NGCI Chicken and Broccoli Pasta Bake | NGCI Fish Fingers with Chips and Tomato Sauce |
| Option 2 | Vegan Meatballs in Tomato Sauce with Rice | Shepherdess Pie with Gravy – check recipe on site is with no lentils | | | BBQ Quorn with Chips |
| Vegetables | Broccoli Sweet Corn | Garden Peas Carrots | Carrot and Swede Mash | Green Beans Cauliflower | Baked Beans Garden Peas |
| Dessert | NGCI Italian Cake with Apples and Custard | NGCI Italian Chocolate Cake with Chocolate Sauce | Fruit and Ice Cream | Rice Pudding with Mixed Berries | NGCI Italian Cake with Pineapple |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

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|------------|--|--|---|---|---|
| Option 1 | Vegetable and Bean Fajitas with 50/50 Rice | | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Beef Lasagne with Garlic Bread | MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce |
| Option 2 | Macaroni Cheese with Garlic Slice | Vegan Sausage Hot Dog with Potato Wedges | Vegetable Wellington with Roast Potatoes and Gravy | Tomato and Lentil Pasta with Garlic Bread | |
| Vegetables | Green Beans Carrots | (No Coleslaw) Sweet Corn | Cauliflower Broccoli | Roasted Mixed Vegetables | Baked Beans Garden Peas |
| Dessert | Sticky Toffee Apple Crumble with Custard | Mandarin Jelly | NGCI Italian Vanilla Cake | Oaty Cookie | Apple, Cheese and Biscuits |

Week Two
06/09/2021
27/09/2021
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15/11/2021
06/12/2021

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|------------|---|-------------------------------------|--|---|--|
| Option 1 | Cheese and Tomato Pizza with New Potatoes | Macaroni Beef Pasta Bake | Roast Turkey with Roast Potatoes and Gravy | Mediterranean Chicken with Rice | MSC Breaded Fish with Chips and Tomato Sauce |
| Option 2 | Vegetable Tagine with Couscous | Roasted Cauliflower Curry with Rice | | Vegetarian Lasagne | Mexican Bean Roll with Chips |
| Vegetables | Green Beans Cauliflower | Sweet Corn Garden Peas | Cabbage Carrots | Sweet Corn Broccoli | Baked Beans Garden Peas |
| Dessert | Pear Crumble with Custard | Chocolate Shortbread | Pinwheel Cookie | NGCI Italian Vanilla Cake with Peaches | Apple Flapjack |

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

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|------------|---|---|--|---------------------------------|---|
| Option 1 | Vegetarian Tortilla Stack with Rice | | Roast Beef with Roast Potatoes and Gravy | Chicken and Broccoli Pasta Bake | MSC Fish in Batter with Chips and Tomato Sauce |
| Option 2 | Vegan Meatballs in Tomato Sauce with Rice | Shepherdess Pie with Gravy | | Vegetable Enchiladas | |
| Vegetables | Broccoli Sweet Corn | Garden Peas Carrots | Carrot and Swede Mash | Green Beans Cauliflower | Baked Beans Garden Peas |
| Dessert | NGCI Italian Vanilla Cake with Apple | NGCI Chocolate Italian Cake with Chocolate Sauce | Fruit and Ice Cream Pinwheel Cookie | Rice Pudding with Mixed Berries | NGCI Italian Vanilla Cake with Pineapple |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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|------------|---|--|---|---|---|
| Option 1 | Vegetable and Bean Fajitas with 50/50 Rice | | Roast Chicken with Stuffing, Roast Potatoes and Gravy | | MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce |
| Option 2 | | Vegan Sausage Hot Dog with Potato Wedges | Vegetable Wellington with Roast Potatoes and Gravy | Tomato and Lentil Pasta with Garlic Bread | |
| Vegetables | Green Beans Carrots | Coleslaw Sweet Corn | Cauliflower Broccoli | Roasted Mixed Vegetables | Baked Beans Garden Peas |
| Dessert | Sticky Toffee Apple Crumble (No Custard) | Mandarin Jelly | Marble Sponge | Oaty Cookie | Fresh Fruit |

Week Two
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

| | | | | | |
|------------|----------------------------------|-------------------------------------|--|---------------------------------|--|
| Option 1 | | | Roast Turkey with Roast Potatoes and Gravy | Mediterranean Chicken with Rice | MSC Breaded Fish with Chips and Tomato Sauce |
| Option 2 | Vegetable Tagine with Couscous | Roasted Cauliflower Curry with Rice | Roasted Quorn Fillet with Roast Potatoes and Gravy | | Mexican Bean Roll with Chips |
| Vegetables | Green Beans Cauliflower | Sweet Corn Garden Peas | Cabbage Carrots | Sweet Corn Broccoli | Baked Beans Garden Peas |
| Dessert | Pear Crumble (No Custard) | Chocolate Shortbread | Pinwheel Cookie | Peach Upside Down Cake | Apple Flapjack |

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

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|------------|---|---|--|--------------------------------|--|
| Option 1 | | Sausage Roll with Herby Diced Potatoes | Roast Beef with Roast Potatoes and Gravy | Jacket Potato with Baked Beans | MSC Fish in Batter with Chips and Tomato Sauce |
| Option 2 | Vegan Meatballs in Tomato Sauce with Rice | Shepherdess Pie with Gravy | Mixed Vegetable Loaf with Roast Potatoes and Gravy | | BBQ Quorn with Chips |
| Vegetables | Broccoli Sweet Corn | Garden Peas Carrots | Carrot and Swede Mash | Green Beans Cauliflower | Baked Beans Garden Peas |
| Dessert | Eves Pudding (No Custard) | Chocolate Sponge No Chocolate Sauce) | Fresh Fruit (No Ice Cream) Pinwheel Cookie | Fresh Fruit | Pineapple Cake |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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|------------|--|---|---|---|---|
| Option 1 | Vegetable and Bean Fajitas with 50/50 Rice | | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Beef Lasagne with Garlic Bread | MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce |
| Option 2 | Macaroni Cheese with Garlic Slice | Vegan Sausage (No Hot Dog Roll) with Potato Wedges | Vegetable Wellington with Roast Potatoes and Gravy | Tomato and Lentil Pasta with Garlic Bread | Homity Pie with Chips (Cheese, Spinach and Potato Tart) |
| Vegetables | Green Beans Carrots | Coleslaw Sweet Corn | Cauliflower Broccoli | Roasted Mixed Vegetables | Baked Beans Garden Peas |
| Dessert | Sticky Toffee Apple Crumble with Custard | Mandarin Jelly | Marble Sponge | Oaty Cookie | Apple, Cheese and Biscuits |

Week Two
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27/09/2021
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15/11/2021
06/12/2021

| | | | | | |
|------------|---|-------------------------------------|--|---------------------------------|--|
| Option 1 | Cheese and Tomato Pizza with New Potatoes | Macaroni Beef Pasta Bake | Roast Turkey with Roast Potatoes and Gravy | Mediterranean Chicken with Rice | MSC Breaded Fish with Chips and Tomato Sauce |
| Option 2 | Vegetable Tagine with Couscous | Roasted Cauliflower Curry with Rice | Roasted Quorn Fillet with Roast Potatoes and Gravy | Vegetarian Lasagne | Mexican Bean Roll with Chips |
| Vegetables | Green Beans Cauliflower | Sweet Corn Garden Peas | Cabbage Carrots | Sweet Corn Broccoli | Baked Beans Garden Peas |
| Dessert | Pear Crumble with Custard | Chocolate Shortbread | Pinwheel Cookie | Peach Upside Down Cake | Apple Flapjack |

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

| | | | | | |
|------------|---|--|--|---------------------------------|--|
| Option 1 | Vegetarian Tortilla Stack with Rice | Sausage Roll with Herby Diced Potatoes | Roast Beef with Roast Potatoes and Gravy | Chicken and Broccoli Pasta Bake | MSC Fish in Batter with Chips and Tomato Sauce |
| Option 2 | Vegan Meatballs in Tomato Sauce with Rice | Shepherdess Pie with Gravy | Mixed Vegetable Loaf with Roast Potatoes and Gravy | Vegetable Enchiladas | BBQ Quorn with Chips |
| Vegetables | Broccoli Sweet Corn | Garden Peas Carrots | Carrot and Swede Mash | Green Beans Cauliflower | Baked Beans Garden Peas |
| Dessert | Eves Pudding and Custard | Chocolate Sponge with Chocolate Sauce | Fruit and Ice Cream Pinwheel Cookie | Rice Pudding with Mixed Berries | Pineapple Cake |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Milk and Soya Free Wokingham Borough Council Autumn Menu 2021

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20/09/2021
11/10/2021
08/11/2021
29/11/2021

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|------------|---|--|---|---|---|
| Option 1 | Vegetable and Bean Fajitas with 50/50 Rice | | Roast Chicken with Stuffing, Roast Potatoes and Gravy | | MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce |
| Option 2 | | Vegan Sausage Hot Dog with Potato Wedges | Vegetable Wellington with Roast Potatoes and Gravy | Tomato and Lentil Pasta (No Garlic Bread) | |
| Vegetables | Green Beans Carrots | Coleslaw Sweet Corn | Cauliflower Broccoli | Roasted Mixed Vegetables | Baked Beans Garden Peas |
| Dessert | Sticky Toffee Apple Crumble (No Custard) | Mandarin Jelly | Marble Sponge | Oaty Cookie | Apple and Biscuits (No Cheese) |

Week Two
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27/09/2021
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15/11/2021
06/12/2021

| | | | | | |
|------------|--|-------------------------------------|--|---------------------------------|--|
| Option 1 | | | Roast Turkey with Roast Potatoes and Gravy | Mediterranean Chicken with Rice | MSC Breaded Fish with Chips and Tomato Sauce |
| Option 2 | Vegetable Tagine With Rice (No Couscous) | Roasted Cauliflower Curry with Rice | Roasted Quorn Fillet with Roast Potatoes and Gravy | | Mexican Bean Roll with Chips |
| Vegetables | Green Beans Cauliflower | Sweet Corn Garden Peas | Cabbage Carrots | Sweet Corn Broccoli | Baked Beans Garden Peas |
| Dessert | Pear Crumble (No Custard) | Chocolate Shortbread | Pinwheel Cookie | Peach Upside Down Cake | Apple Flapjack |

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

| | | | | | |
|------------|---|--|--|--|--|
| Option 1 | | Sausage Roll with Herby Diced Potatoes | Roast Beef with Roast Potatoes and Gravy | | MSC Fish in Batter with Chips and Tomato Sauce |
| Option 2 | Vegan Meatballs in Tomato Sauce with Rice | | Mixed Vegetable Loaf with Roast Potatoes and Gravy | Vegetable Enchiladas (No Cheese) | BBQ Quorn with Chips |
| Vegetables | Broccoli Sweet Corn | Garden Peas Carrots | Carrot and Swede Mash | Green Beans Cauliflower | Baked Beans Garden Peas |
| Dessert | Eves Pudding (No Custard) | Chocolate Sponge (No Chocolate Sauce) | Fruit (No Ice Cream) Pinwheel Cookie | Fresh Fruit | Pineapple Cake |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)

- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.